

Synthesis of Bioactive Glass and its Antibacterial Effect on Mupirocin Resistant, Methicillin-Resistant Staphylococcus Aureus

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Abstract

Rapid resistance to mupirocin occurs among strains of Methicillin-Resistant Staphylococcus Aureus (MRSA) which the main etiological agent is causing community-acquired and hospital-acquired infections. Powdered samples of Sr-doped glass, of composition 70 SiO₂- (30-x) CaO- xSrO were prepared by sol – gel method. XRD and FTIR confirmed the calcined glass existed in the amorphous state. Sr doped glass exhibited antibacterial effect on mupirocin resistant MRSA strains by the agar-disk diffusion method. The inhibition zone increased as the concentration of Sr ions was increased. Sr release was dependent on bioactive glass composition with increasing Sr substitution resulting in higher concentrations in the medium. Sr for Ca substitution in the glass is a promising bactericidal bioactive material till 3% SrO, but SrO substitution above that ratio doesn't further improve bactericidal effect

Keywords: Antibacterial Effect; MRSA; Mupirocin Resistance; Sr-doped glass; FTIR& XRD of bioactive glass

Introduction

Resistance in human pathogens is a big challenge in pharmaceutical fields and biomedicine. Antibiotic resistance profiles lead to fear about the emergence and reemergence of Multi Drug-Resistant (MDR) pathogens and parasites [1]. Infection with MDR bacteria cannot be cured easily and requires a multiple treatment of broad-spectrum antibiotics, which are less effective, more toxic and more expensive [2]. Therefore, development of or modification in antimicrobial compounds to improve bactericidal potential is a priority area of research in this modern era [3].

Methicillin-Resistant Staphylococcus Aureus (MRSA) strains are a major causal agent of community-acquired and hospital-acquired infections [4]. Mupirocin (Bactroban; SmithKline Beecham Pharmaceuticals), is one of the most effective topical antibiotics used for eradication of nasal carriage of MRSA [5, 6]. With increased use of mupirocin, staphylococcal strains with high and low levels of resistance have been reported [7]. Most commonly, low-level (MICs = 8 to 256 µg/ml) mupirocin-resistant strains are isolated, while high

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level ($\text{MIC} \geq 512 \mu\text{g/ml}$) mupirocin-resistant strains are infrequently isolated. High-level mupirocin resistance has been connected with clinical and microbiological failure [8, 9].

Nanoparticles have promising applications in diagnostics, biomarkers, cell labeling, antimicrobial agents, drug delivery systems for handling of various diseases [10, 11]. Hence, researchers are shifting towards nanoparticles to solve the problem of the emergence of multi- drug resistant bacteria [12].

A more recent field of research is the synthesis of antibacterial glasses as bioactive glasses are the only one, which could bond to hard and soft tissue. Biomaterials in nano-scale could stimulate the reaction between the materials and cells [13]. Continuous work is done to improve the properties of biomaterial to have antimicrobial properties. Sr-doped glasses have been shown to exhibit enhanced cellular bioactivity and to release critical concentrations of Sr ions in the range of 1–5 ppm into dissolution medium [14]. Moreover, ion release from Sr-doped silicate glasses enhances the bone cell activity and inhibited osteoclasts differentiation when directly applied in contact with cells as solid bioactive glass-discs. Bioactive glass forms a firm bond with living tissues via the establishment of a hydroxyapatite layer on their surface [15, 16].

Sol-gel technique, as a chemical method, provides an available means to synthesize bioactive glass with higher purity and homogeneity at low temperatures [17]. In recent years, strontium has been incorporated into dental and orthopaedic biomaterials to reduce microbial contamination by inhibiting bacterial growth and reproduction and impeding permeability of the cytoplasmic membrane, cell wall synthesis, replication of bacterial chromosomes and cell metabolism [18, 19]. Strontium for calcium substitution in the glass adjusted the bactericidal properties of the bone cements making strontium a promising bactericidal component of bioactive glasses and related biomaterials [20].

In the present study different compositions ($x = 0, 1, 3$ and 5%) of SrO substituted bioactive glasses in the $(70 \text{ SiO}_2 - 30 - x \text{ CaO} - x \text{ SrO})$ system were synthesized and characterized

then their antibacterial effect on mupirocin resistance MRSA was investigated.

Materials and Methods

Bacterial Isolates

Thirty nasal swabs were taken by rotating a sterile cotton swab, moistened with sterile saline, in the vestibule of both anterior nares of medical and paramedical personals working in Suez-Canal University Hospital during the period from May 2012 to October 2013. Trypticase Soy Broth (TSB) was used as a transport medium. The swabs were put directly onto Mannitol Salt Agar (MSA) (Merck, Germany) and sent to the laboratory and incubated at 35°C in a humidified incubator for 48 h. Strains that produced yellow colonies on the MSA plate, were sub cultured on a blood agar plate (Merck, Germany), for further characterization. The staphylococcal isolates were identified by conventional methods, e.g. colonial morphology, gram staining characteristics, production of catalase, coagulase tube method using rabbit plasma, DNase in tube tests and other biochemical tests [21].

MRSA Isolation

Isolates showing inhibition zones of $\leq 10 \text{ mm}$ and $\leq 21 \text{ mm}$ around 1 mg oxacillin (Oxoid, Cambridge, UK) and $30 \mu\text{g}$ cefoxitin (Oxoid, Cambridge, UK) disks respectively, were phenol typically characterized as MRSA.

Mupirocinsusceptibility Testing

The MICs for *S. aureus* isolates to mupirocin were assessed using E-test® mupirocin strips (AB-BIODISK, Solna, Sweden) according to the manufacturer's instructions. The E-test strip was applied onto each plate of Mueller-Hinton agar that was inoculated with a suspension of isolates to the optical density of a 0.5 McFarland standard with sterile forceps. Following incubation at 35°C for 24 h. E-test MIC values were read by the operator at the point where the bottom of the inhibition zone intersected with the E-test strip. Strains were considered to be susceptible if the MIC value was $\leq 4 \text{ mg/L}$ and

levels of mupirocin resistance were defined as low-level with MIC 8–256 mg/l and high-level with MIC $\geq$ 512 mg/L [22].

Detection of the mupA Gene by PCR

All the strains were analyzed by Polymerase Chain Reaction (PCR) for the presence of the mupA gene. To extract the DNA, a loop full of bacterial cells from each sample was removed and resuspended in 250 μ l of sterile distilled water and the suspension incubated in a 90°C heat block for 15 min. Centrifugation followed (7500 x g, 5 min) and the supernatant containing the staphylococcal DNA extract was transferred into new test tubes and frozen for later PCR amplification. Five micro liters of the extracted DNA was transferred to 20 μ l of the PCR amplification mix consisting of; 2.5 μ l of 10 X buffer, 1.5 mM of MgCl₂, 1.5 U of Taqpolymerase, 1.25 μ l of dNTPs and 1.5 μ l of each primer. To detect the mupA gene, a 456-bp region was amplified by PCR, using a primer pair Mup1 (5'-TAT ATT ATG CGA TGG AAG GTT GG-3') and Mup2 (5'-AAT AAA ATC AGC TGG AAA GTG TTG-3') [23]. Cycling parameters were 94°C for 5 min followed by 30 cycles, denaturation at 94 °C for 30 s, annealing at 52 °C for 30 s and extension at 72°C for 30 s, and final 5 min incubation at 72°C. Following PCR amplification, the amplified PCR products were analyzed by agarose gel electrophoresis stained with ethidium bromide and the amplicons were visualized using a UV light box.

Synthesis of Bioactive Glass

CaO was replaced by SrO on a molar base as shown in table 1, the system was produced by Sol – gel method using TetraEthylOrthoSilicates (TEOS), calcium nitrate tetra hydrate Ca (NO₃)₂. 4H₂O, and strontium nitrate Sr (NO₃)₂ [17]. Briefly, TEOS, distilled water and 2M nitric acid were mixed in ethanol and the mixture was allowed to react for 60 min under continuous magnetic stirring for the acid hydrolysis of TEOS. Then Ca (NO₃)₂ .4H₂O was added and stirred for 30 min, the SrO was added and stirred for the same period. The mixture was left at room temperature to form gel. Each prepared gel was dried at 75°C for 2 days in a drying oven and finally gels were stabilized by heat treatment up to 700°C.

Table 1: Glass composition (weight %) and Sr for Ca substitutions

	Glass	SiO ₂	CaO	SrO
Sample a	Sr ₀	70	30	-
Sample b	Sr ₁	70	29	1
Sample c	Sr ₃	70	27	3
Sample d	Sr ₅	70	25	5

Characterization

For characterization, the phase analysis of the samples was examined by X-ray diffractometer, model BRUKER axes, using Ni-filtered CuK α irradiation at 40 KV and 25mA. The infrared spectra of the prepared glass were obtained using Fourier Transform Infrared spectrophotometer (FT-IR) (Model 580, Perkin-Elmer). Each sample was pressed in pellet and mixed with KBr substrate. FTIR spectrum was recorded in the 4000–400 Cm⁻¹ region.

Antibacterial Activity Test

The antibacterial activity of Sr-doped glasses was evaluated against mupirocin resistant MRSA strains using the agar-disk diffusion method. Freshly prepared bacterial inoculums were swabbed on sterile petri-dishes 90mm in diameter containing sterile Mueller-Hinton agaras recommended by CLSI [24]. The medium was swabbed three times by rotating the plate 60° after each application to ensure the spread of the bacteria over the entire surface of the plates. The discs of the prepared Sr-doped glasses were placed using sterile forceps on the seeded agar surface and incubated at 37°C for 24hrs. The antibacterial activity was deduced from the Inhibition Zone Diameter (IZD), zone of no bacterial growth, measured under the stated experimental conditions. The antibacterial activity increases with the increase in IZD and vice versa.

Results

In this study Sol-gel method showed a fast method for preparing bioactive glasses. The XRD pattern of bioactive glass powders of Sr_0 , Sr_1 , Sr_3 and Sr_5 for 0 % SrO, 1% SrO, 3% SrO and 5% SrO, respectively after heating to 700 °C is presented in Figure 1. The XRD study confirmed the glass existed in an amorphous state, generally no diffraction peaks could be observed.

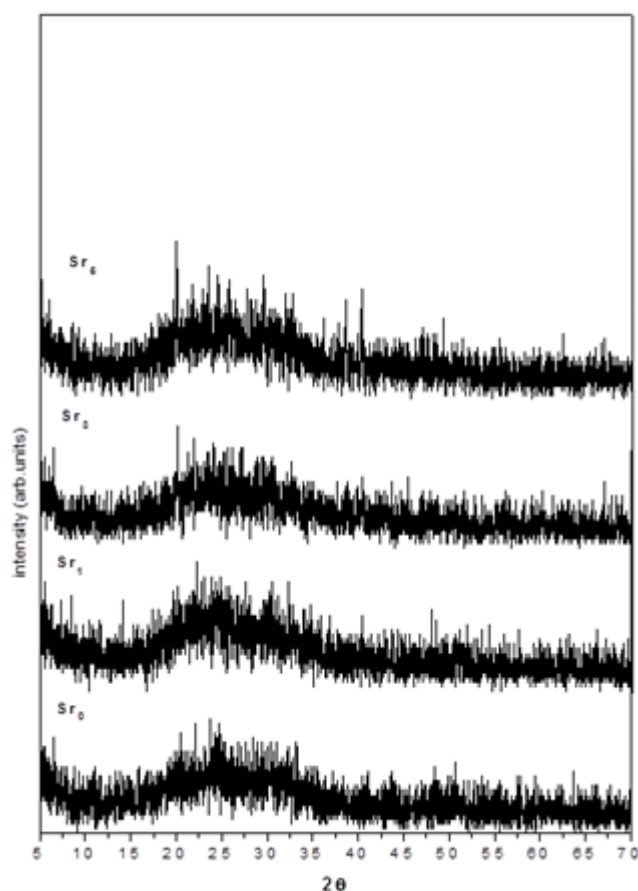


Figure 1: XRD patterns of gel glass after heating to 700 °C for Sr_0 , Sr_1 , Sr_3 , and Sr_5 .

Figure 2 showed the FTIR spectra for the bioactive glass powders after heating to 700 °C. For glass samples, the band located in the range 1000-1200 cm^{-1} corresponds to the Si-O-Si asymmetric stretching vibration, and the band located at 440 – 540 cm^{-1} corresponds to the vibrational mode of the binding of Si-O-Si. The bands located at 670-740 cm^{-1} correspond to Si-O symmetric stretch of Bridging Oxygen (BO) between tetrahedron chains, and the shoulder of spectrum

at 870 – 1040 cm^{-1} is related to the Non-Bridging Oxygen (Si-O-NBO).

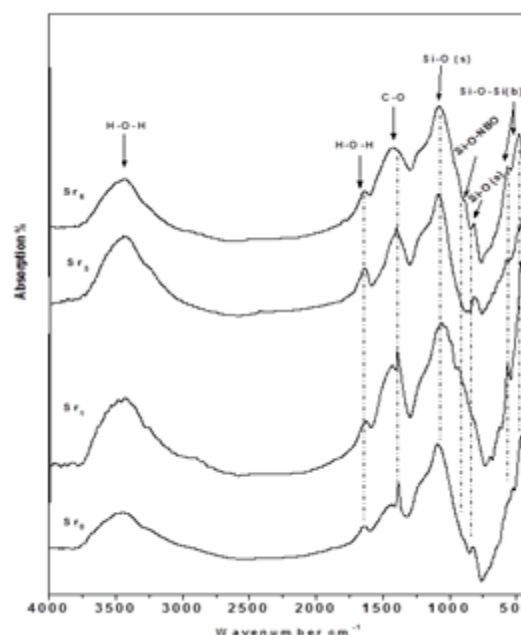


Figure 2: FTIR spectra of synthesized gel glass with different amounts of SrO (Sr_0 , Sr_1 , Sr_3 , and Sr_5).

Out of the 30 MRSA strains tested, low-level mupirocin resistance was detected in only 2 (6.6%) MRSA strains using E test as their MICs were 12 and 16 $\mu g / ml$. PCR analysis of the mupA gene confirmed its presence in these 2 strains while the rest of the strains tested were susceptible to mupirocin (Figure 3).

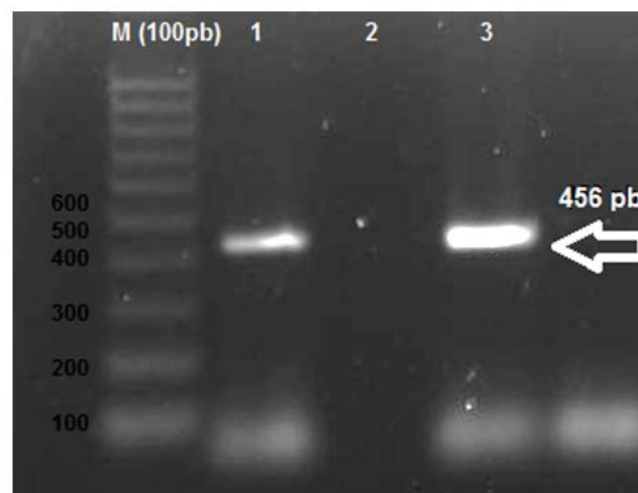


Figure 3: PCR analysis of the mupA gene using 1% agarose gel electrophoresis, M represent the DNA - size maker (100 bp

ladder); lanes 1 and 3 represent positive samples; lane 2 represents a negative sample for the mupA gene.

Figure 4 shows the antibacterial effect of the preparation Sr-doped glasses on the diagnosed mupirocin resistant MRSA strains using the agar-disk diffusion method. It was found that, Sr-doped glasses were highly effective on the tested organisms, especially sample c containing 0.619 gm of Sr-doped glasses. It showed the highest clearing inhibition zone, which was nearly 33 mm in diameter, while other samples (sample b & d) showed only 28- 30 mm inhibition zones. The sample without Sr-doped glasses (sample a) had no effect on the tested bacterial isolates.

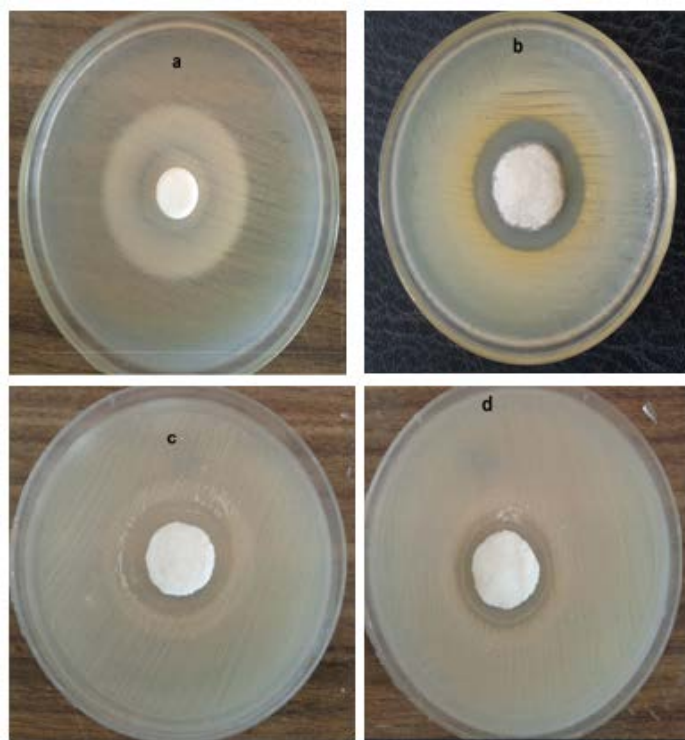


Figure 4: The antibacterial effect of the prepared Sr-doped glasses on a representative mupirocin resistant MRSA strain.

The inhibition zone increased as the concentration of Sr ions was increased as Sr release was dependent on the bioactive glass composition with increasing Sr substitution resulting in higher concentrations in the medium till 3% SrO (Figure 5).

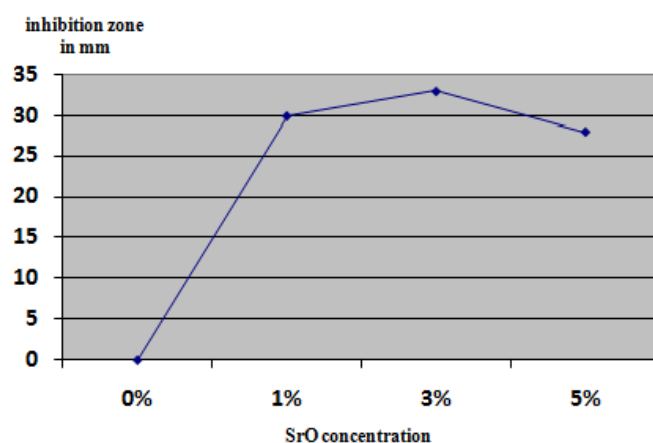


Figure 5: The relationship between SrO concentration and inhibition zone diameter in mm

Discussion

The broadening of absorption band Si – O – Si as shown in Figure 2, indicates the amorphous nature due to disorder in silicate network [17] for all samples, which was confirmed by XRD. When strontium is added to silica, the band at 823 cm^{-1} for NBO will shift to higher wave number depends on the amount of strontium. At the same time, the shift from 950 cm^{-1} to a lower wave number due to the lower charge – to – size ratio of Sr^{2+} (owing to slightly larger ionic radius) was shown to cause an expansion of the silicate network, making it less strongly ionically cross linked [20] causing breakdown of silicon network and formation of short and terminal chains. Different frequencies of mupirocin resistance among *S. aureus* isolates has been clearly defined in many parts of the world, for example, Spain 11.3%, USA 13.2%, Trinidad Tobago 26.1%, China 6.6%, India 6%, Turkey 45% and Korea 5%, however, it does appear to be increasing worldwide [25]. The limited number found in this study could be attributed to the limited use of that antibiotic to eliminate MRSA nasal colonization as a part of the infection control measures in our hospitals. Also, it is infrequently used for the treatment of skin infections.

The inhibition zone increased as the concentration of Sr ions was increased as Sr release was dependent on the bioactive glass composition with increasing Sr substitution resulting in higher concentrations in the medium till 3% SrO.

But above 3% SrO the inhibition zone doesn't increase with less bactericidal action which could result from decreased Sr release with strontium substitution above that level [20].

Rapid resistance to mupirocin occurs among strains of *S. aureus* isolated from hospitals. Therefore, monitoring for mupirocin resistance in *S. aureus*, especially in MRSA, is necessary to evaluate the usefulness of mupirocin in both the treatment of staphylococcal infections and infection control. Sr for Ca substitution in the glass was shown to be a promising bactericidal bioactive material till 3% SrO. But the amount of Sr above this ratio doesn't improve bactericidal action.

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